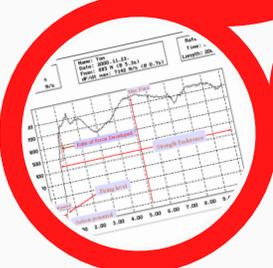


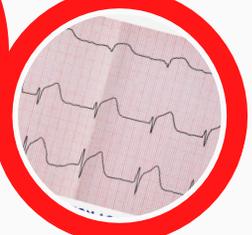
# PERUBATAN SENAMAN



ASIA COLLEGE OF EXERCISE MEDICINE  
DK301(B)



CITA-CITA ANDA,  
PIMPINAN KAMI



## HUBUNGI KAMI



+03 6151 6240



enquiry@acesm.edu.my



www.acesm.edu.my



One Damansara,  
Podium (North), Block A,  
Jalan PJU 10/3C,  
Damansara Damai,  
47830 Petaling Jaya,  
Selangor

Website



Whatsapp



DI SINI

BERMULA

SEBUAH

INDUSTRI

Usahasama kami dengan Kementerian Kesihatan Malaysia adalah untuk menubuhkan klinik senaman dengan memberi preskripsi senaman yang betul untuk merawat dan mencegah penyakit tidak berjangkit (NCD) sebagai barisan pertama rawatan sebelum ubat.

Klinik Senaman di Kuala Ketil, Alor Setar.

Klinik Senaman di Bagan Pinang, Port Dickson.



Disahkan oleh Kementerian Kesihatan Malaysia

# PENERAJU INDUSTRI



*I graduated in 2017. Now, I am the Program Coordinator in ACEM. My field of interest is designing aerobic program for community and my competitions. ACEM has given me plenty of opportunities and has fulfilled my ambition.*

Al-Amin, Johor - Cohort 1



*I am the founder of Inochi Exercise and Rehab Center. I have learned all the necessary skills to set up my business during my college days at ACEM.*

Ethan, Ipoh - Cohort 1



*I have been educated and trained at ACEM as an Exercise Therapist and as a person. I am now pursuing my degree and actively involved in research in sudden death. I have picked up golf and I love the game.*

Rajesh, Johor - Cohort 9



*Hey, I design this brochure! It was just a hobby that turn into a career. I still practice Exercise Therapy professionally in community programs and in Exercise Clinic.*

Misha, Kedah - Cohort 9



*I am now pursuing my degree in psychology and I am training to be a bodybuilder. I have learned setting up Exercise Clinic and design exercise machine. I am a teaching assistant at ACEM and involved in the active ageing program.*

Nora, Sabah - Cohort 10



Pengujian dan Reka Bentuk Peralatan



Pentadbiran



Busnes Klinik Senaman



Teknologi Maklumat



Tutor



Penyelidikan dan Pembangunan



Jualan dan Pemasaran



Juruterapi Senaman



Perakaunan



Pengurusan Acara

KAMI ADALAH ANDA

**Pembunuh senyap**  
Kira-kira 5.8 juta penduduk Malaysia hidap darah tinggi

**32 mati setiap hari**  
Penyakit jantung, strok punca kematian 11,812 orang sepanjang 2010

**Sakit jantung pembunuh utama**  
1,940 maut setiap jam

**Darah tinggi membimbangkan**

**Diabetes semakin menakutkan**  
46,000 pesakit di potong kaki, tangan

**Pesakit diabetes hilang kaki setiap 20 saat**

**Kosmo**  
6.2 juta hidap dua per

## Program Penuaan Aktif

*Datuk Sri Azalina Othman Said masih kekal aktif secara fizikal pada umur 58 tahun. Beliau telah menubuhkan Pusat Penuaan Aktif pertama di Malaysia. Beliau sedar bahawa negara kita akan mencapai status 'negara tua' pada 2030.*

